

## To schedule an appointment:

Patients are scheduled when their physician requests an evaluation. The physician's office should fax our patient information form to our office, and we will arrange an appointment.

For additional information, please call us at 717-632-5478.

250 Fame Avenue  
Suite 115  
Hanover, PA 17331

Phone: 717-632-5478  
Fax: 717-633-0257



# HILLSIDE Pain Management

We now offer



for chronic migraines!



Visit us online at [www.hillsidepain.com](http://www.hillsidepain.com)

## Our Providers



Dr. Terrence Calder is certified in Pain Medicine and has served this area since 1995.



Daniel Calder is a certified Nurse Practitioner specializing in pain management.

## What is Pain Medicine?

Our practice is focused on Interventional Pain Medicine. That is, the discipline of medicine devoted to the diagnosis and treatment of pain and related disorders using interventional techniques. This is to manage subacute, chronic, persistent, and intractable pain, independently or in conjunction with other modalities of treatment. In other words, that means we carry out procedures (usually injections) to try to diminish pain and increase activity. Not only do the physicians remain up to date by keeping up with the literature and attending conferences, but our nurses also attend national conferences, and frequently return to tell us we are still leading the way in the care we are providing.

Conditions we frequently treat include:

- ◆ Low Back Pain
- ◆ Neck and Arm Pain
- ◆ Post Herpetic (Shingles) Pain
- ◆ Sciatica
- ◆ Neuropathies (Nerve Pain)

## Our Services

- Epidural steroid injections both cervical and lumbar - Facet injections
- Radiofrequency ablation
- Spinal Cord Stimulator Trials
- Joint Injections
- Trigger Point Injections -Botox

### Mission

To lessen our patients' pain enough so that it does not interfere with their lives.

### Goals

We want the process of referring patients to our facility to be hassle free for our referring physicians and the patients.

We want the experience of being treated at our facility to be positive and pleasant, from the initial phone contact, checking in, pre-procedure evaluation, procedure, post-procedure monitoring, to dealing with problems or in follow up.

All our employees, clinical and non-clinical, are important in achieving the desired experience for our patients.

Patients are treated with respect and warmth and made to feel welcome and comfortable.

We will conduct treatment in the least invasive, least expensive manner to achieve adequate pain relief.